



Caring for others & yourself:
Carer Wellbeing Survey

Your story matters—help us understand

Share your experience and join the conversation. Help us improve resources and recognition to enrich your wellbeing. Share how your challenges have evolved.

Use the link or scan the QR Code for more information and to complete the survey

www.carersaustralia.com.au/support-for-carers/carers-wellbeing-survey/



**Survey participants can enter a draw to win a gift card.*